

MOC MATTERS

Research shows that physicians who maintain their certification or score high on an assessment are more likely to...

...AVOID DISCIPLINARY ACTION

2x LESS LIKELY

Doctors who practice internal medicine and pass a knowledge assessment to maintain board certification within 10 years of their initial certification are more than two times less likely to face state medical board disciplinary actions than those who do not pass the exam.¹

↑ SCORE

MEANS

LESS DISCIPLINARY ACTION

The risk of disciplinary action against physicians declines as scores on the MOC exam increase, indicating that more medical knowledge is associated with fewer disciplinary actions.¹

...PERFORM BETTER

46,000 ↑

DIABETICS GETTING APPROPRIATE CARE

108,000 ↑

WOMEN GOING FOR MAMMOGRAPHY SCREENINGS

16,000 ↑

CORONARY ARTERY DISEASE PATIENTS GETTING LDL TESTS

Maintaining certification at 20 years post-initial certification was associated with 46,000 more diabetics per year who met three important HEDIS guidelines, 108,000 more women per year who went for biennial mammography screening and 16,000 more coronary artery disease patients per year who received annual LDL tests.²

...ADHERE TO GUIDELINES

17% ↑ INCREASED ODDS of ADHERENCE

Being cared for by a physician who scored in the top quartile of their MOC exam was associated with a 17% increased odds of guideline-compliant diabetes care compared to being cared for by a physician who scored in the bottom quartile of the MOC exam.³

The ABIM MOC program requirement is associated with...

...SCREENING WOMEN APPROPRIATELY FOR BREAST CANCER

59,000 ↑

ANNUAL MAMMOGRAPHY SCREENING

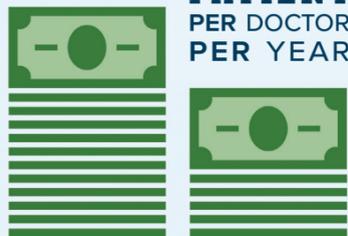
44,720 ↑

BIENNIAL MAMMOGRAPHY SCREENINGS

Per year, being treated by general internists subject to MOC requirements was associated with 59,000 more annual and 44,720 more biennial mammography screenings.⁴

...SAVING HEALTH CARE COSTS

\$167 LESS PER PATIENT PER DOCTOR PER YEAR



\$5 BILLION LOWER COST PER YEAR



Physicians who were required to participate in MOC to maintain their certification save \$167 per Medicare patient per year compared to physicians not required to participate.⁵

Findings suggest MOC reduces U.S. spending on Medicare by approximately \$5 billion per year.⁵

As of 9/20/2018



American Board of Internal Medicine®

REFERENCES:

- McDonald FS, Duhigg LM, Arnold GK, Hafer RM, Lipner RS. The American Board of Internal Medicine Maintenance of Certification Examination and State Medical Board Disciplinary Actions: a Population Cohort Study. *JGIM*. 2018; 33(8):1292-1298.
- Gray B, Vandergrift J, Lanson B, Reschovsky J, Lipner R. Associations between American Board of Internal Medicine Maintenance of Certification status and performance on a set of Healthcare Effectiveness Data and Information Set process measures. *Annals of Internal Medicine*. 2018;169(2):97-105.
- Holmboe ES, Wang Y, Meehan TP, Tate JP, Ho SY, Starkey KS, Lipner RS. Association between maintenance of certification examination scores and quality of care for medicare beneficiaries. *Archives of Internal Medicine*. 2008; 168(13):1396-403.
- Gray, BM, JL Vandergrift, RS Lipner. Association between the American Board of Internal Medicine's General Internist's Maintenance of Certification Requirement and Mammography Screening for Medicare Beneficiaries. *Women's Health Issues*. 2018;28(1):35-41.
- Gray BM, Vandergrift JL, Johnston MM, Reschovsky JD, Lynn LA, Holmboe ES, McCullough JS, Lipner RS. Association between imposition of a Maintenance of Certification requirement and ambulatory care-sensitive hospitalizations and health care costs. *JAMA*. 2014; 312(22):2348-57.